

**Children's Eye Care of Los Gatos  
250 Alameda Avenue, Los Gatos, CA 95030  
t. 408-399-9009 f. 408-399-9073**

**Directions for Cyclogyl 1% at home dilation drops**

**Parents:**

**Please call the pharmacy at least one week before your appointment to make sure drops are in stock.**

**Parents and pharmacy:**

**Starting 3 hours before your eye exam, put one drop of Cyclogyl 1% in both eyes. 15 minutes later, put a 2nd drop in both eyes. 15 minutes later, put a 3rd drop in both eyes. After 3 drops in both eyes, you are set to go.**

**For example, for a 12 noon appointment:**

**1st drop should be put in both eyes at 9am**

**2nd drop in both eyes at 9:15am**

**The final drop in both eyes at 9:30am**

**If you have any questions, please call our office at 408-399-9000. Thank you!**